

Bèlyanskata

(Thrace)

From the village of Býala, East Thrace.

Pronunciation:

CD: ILBD # 9 - 2002

2/4 meter

Formation: Mixed open circle, leader at L end. The hands are joined in V-pos.

Meas

Pattern

16 meas

INTRODUCTION

FIGURE

- 1 Facing ctr, step fwd on L (ct 1); hop or lift on L (ct 2).
 2 Step fwd on R (ct 1); hop or lift on R (ct 2).
 3-4 Repeat meas 1-2 backing up.
 5-8 Repeat meas 1-4.
 9 Facing ctr, leap onto L to L side (ct 1); leap onto R behind L (ct 2).
 10 Leap onto L to L side (ct 1); hop on L while turning body to R side in the circle (ct 2).
 11 Facing R, leap fwd onto R (ct 1); leap fwd onto L (ct 2).
 12 Repeat meas 11.
 13 Leap onto R to R while turning to face ctr (ct 1); leap onto L behind R (ct 2).
 14 Leap onto R to R side (ct 1); hop on R (ct 2).
 15 Facing L, leap onto L to L (ct 1); leap onto R across in front of L (ct 2).
 16 Facing R, leap onto L to L side (ct 1); leap onto R behind L (ct 2).
 17-18 Repeat meas 15-16.
 Variation:
 15 and 17 Leap onto L to L side (ct 1); stamp R heel fwd, no wt (ct &); step on R across in front of L (ct 2).

Arms:

- Meas 1, ct 1, the arms go to W-pos.
 Meas 2 to 7, keep the arms in W-pos.
 Meas 8, ct 1, arms W-pos.
 ct 2, arms go to V -pos and a little bkwd.
 Meas 9 to 12, ct 1, arms swing fwd.
 ct 2, arms swing bkwd.
 Meas 13 to 18, keep the arms in V-pos, no action.

Repeat figure to the end of the melody.

Presented by Iliana Bozhanova and Lyuben Dossev